

Welcome to Floatz 2019 Super Swimsational Swim Lessons

Thank you for contacting Floatz at Epperson Lagoon regarding our Super Swimsational Swim Lessons! You are taking the first step in the layers of protection to keep your family SAFE In, On and Around water.

General Information FAQ's:

How do I register for swim lessons?

You can register for swim lessons online or in person at the tent next to the slide any time the lagoon is open.

What type of L2S lessons will you be teaching?

Floatz LLC is a Red Cross Provider. We will be following the Red Cross L2S curriculum for the following levels:

Parent Participation- ages 6 mos. to 36 mos. The parent or guardian will accompany the child into the water where the adult will learn to keep their children safe in, on and around water. The class ratio is 1 instructor to 8 families.

Preschool-ages 3-5 years old. There are three skill levels within in the preschool level ranging from non-swimmer to doggie paddling. Each child will be skills tested the first day and placed accordingly.

Youth Beginner-ages 5-12 years old. There are three youth beginner skill levels ranging from non-swimmers to floating and basic front and back

stroke formation. The children will be skills tested the first day for placement. The class ratio is 1-Instructor to 8 children.

Stroke Development-ages 5-12 years old. This is where we focus on technique and fine tuning the 6 basic strokes. All children will be skills tested the first lesson. The class ratio is 1-instructor to 8 children.

Download the Red Cross Swim app to follow along with your child's progress.

Who will be teaching the lessons?

The first session will be taught by Floatz Aquatics Manager, Debbie Knitz. Debbie has been teaching swimming and many other aquatic disciplines for many, many, many years. She holds several dozen certifications and has worked with students of all ages and abilities. She has been recognized by Special Olympics, The Aquatic Exercise Association and the YMCA. Debbie is current on all the latest skills and techniques and spends her free time reading and researching swimming and aquatic activities.

What do the lessons cost?

\$150.00 for 8 lessons for one child. (\$18.75/lesson)

\$130.00 for 8 lessons, per child, for 2 children. (\$16.25/lesson)

\$110.00 for 8 lessons, per child, for 3 children. (\$13.75/lesson)

*The rate applies to residents and non-residents. All must be present at time of registration to qualify for discounts.

**No, the children don't have to be from the same family or even the same skill levels.

Will there be a lifeguard on duty for the lessons?

Yes, there will be a lifeguard to help ensure your child's safety during lessons.

Where are the swim lessons taught?

The morning Pre-School and Parent Participation lessons will be taught in the Cabana Pool area. The morning Youth Beginner and Stroke Development lessons as well as the evening lessons will be taught either at the far side of the slide swim area or at the far side of the Lagoon seating area.

Do you offer make-up lessons?

The only make-up lessons are if we cancel the lessons for bad weather or other lagoon issues.

Lightning and Thunder Policy – We follow the Lagoon emergency evacuation policy. When lightning is within 10 miles of the lagoon we need to leave the lagoon area. We can return to the lagoon 30 minutes after the last lightning strike.

Will my child learn to swim in one session of 8 lessons?

The short answer is NO. Every child learns at their own pace. We will do our very best to encourage your child thru the skills as best we can. Their success is our success!

Can I watch my child's swim lesson?

Yes, you are welcome to silently watch your child's swim lesson. Please allow your Instructor to do what you are paying them to do. The Instructor needs to create a working bond with your child. If your child is exceptionally agitated, you might be asked to move out of sight until they calm down.

What do we bring to lessons?

We highly recommend goggles, hair ties and a towel. Swim caps are optional but really help to keep the water out of their faces when breathing. Rash guards are excellent protection from the sun.

Do you teach special needs swimmers?

Yes, provided the child can follow directions with minimal disruption. Private lessons are always an option if issues arise.

Do you offer Private Swim Lessons?

Yes, Private Swim Lessons are available at your convenience for \$75.00/hour.

Do you offer Adult Swim Lessons?

We recommend Private Lessons for all adults regardless of their skill levels.

I'm Debbie Knitz the Aquatics Manager for Floatz at Epperson Lagoon. I can be reached by phone or text at (407)968-1513 or email at Eppersontraining@floatzfl.com

Floatz Summer 2019 Super Swimsational Swim Lesson Schedule

The Floatz team realizes that just because school's out for the summer doesn't mean that your busy lives are any less hectic. For this reason, we have developed 2 schedule options for swim lessons this summer. We hope that one of our options will fit your schedules.

Option 1- 4 mornings a week, Monday thru Thursday for 2 weeks. A total of 8 lessons.

Option 2- Saturday and Sunday mornings for 4 weekends. A total of 8 lessons.

Option 1 is an intensified opportunity for children to progress faster thru the various Red Cross levels of swim proficiency. If you have a frightened or reluctant future swimmer, swimming more frequently helps to diminish their anxieties and improve their skills. Each session runs Monday thru Thursday, 4 mornings a week for 2 consecutive weeks. The dates are as follows;

Option 1/Session 3 – 7/8-7/11 & 7/15-7/18.

Option 1 Session 4 – 7/22-7/22 & 7/29- 8/1.

Skill levels and times:

Time Min./Max.	Skill Level	Ages
8am-8:30am 1/4 with 1 instructor, 4/8 with 2 instructors	Pre-School all levels	3-5 years
8:45am-9:15am 1/8	Parent Participation	6-36 mos.
10:00am-10:30am 1/4 with 1 instructor, 4/8 with 2 instructors	Pre=School all levels	3-5 years
10:45am-11:15am 1/8	Youth Beginners	5-12 years

11:30am-12:00pm 1/8	Stroke Development	12-18 years
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Option 2 is for weekend warriors, swim early and play later. This option runs Saturday and Sunday for 4 consecutive weeks. Your swimmer has the benefit of two days in a row to progress and a week between lessons to practice.

Option 2/Session 2 – 6/29&6/30, 7/6&7/7, 7/13&7/14, 7/20&7/21.

Time Min./Max.	Skill Level	Ages
8am-8:30am 1/4 with 1 instructor, 5/8 with 2 instructors	Pre-School all levels	3-5 years
8:30am-9:00am 1/8	Parent Participation	6-36 mos.
9:00am-9:30am 1/4 with 1 instructor, 5/8 with 2 instructors	Pre=School all levels	3-5 years
10:00am-10:30am 1/8	Youth Beginners	5-12 years
10:30am-11:00pm 1/8	Stroke Development	12-18 years

I'm Debbie Knitz the Aquatics Manager for Floatz at Epperson Lagoon. We look forward to working with you and your families this summer. If you have additional questions, I can be reached by phone or text at (407)968-1513 or email at Eppersontraining@floatzfl.com.

